

Independent Living Centers



TIP SHEET

Independent Living Centers (ILCs) are community-based, independent nonprofit organizations that are run by and for individuals with disabilities. They provide services that help those with disabilities lead independent, productive, and meaningful lives.

WHAT SERVICES DO ILCs PROVIDE?

All ILCs provide a core set of services geared toward promoting equal access, self-advocacy, personal growth, peer role modeling, and empowerment. These core services include:

- Peer counseling and support
- Independent living skills training:
 - Budgeting
 - Meal preparation
 - Transportation arrangement
 - Job search
 - Self-advocacy
- Information and referral services
- Individual and systems advocacy

OTHER SERVICES PROVIDED:

- Housing assistance
- Assistance with benefits and entitlements
- Help overcoming communication barriers
- Non-clinical personal counseling
- Help obtaining, using, repairing, and maintaining assistive equipment
- Voter registration assistance
- Disability awareness training
- Training and workshops on disability issues and laws
- Development of Plans to Achieve Self Support (PASS) for SSI/SSDI public assistance
- Community-specific training and services

Call your local ILC to find out what services they provide (see page 2).





BRONX

Bronx Independent Living Services, Inc.

4419 Third Avenue,
Suite 2C Bronx, NY 10457
(718) 515-2800; TTY (718) 515-2803
Videophone (866) 426-8059
www.bils.org

BROOKLYN

Brooklyn Center for Independence of the Disabled

27 Smith Street, Suite 200
Brooklyn, NY 11201
(718) 998-3000;
TTY (718) 998-7406
www.bcid.org

MANHATTAN

Harlem Independent Living Center

4289 St. Nicholas Avenue,
Suite 21 New York, NY 10027
Toll Free (800) 673-2371
(212) 222-7122;
TTY (212) 222-7198
Videophone (646) 755-3092

Manhattan Center for Independence of the Disabled

841 Broadway, Suite 301
New York, NY 10003
(212) 674-2300; TTY (212) 674-5619
Videophone (646) 350-2681
www.cidny.org

QUEENS

Queens Center for Independence of the Disabled

80-20 Kew Gardens Road,
Suite 107 Kew Gardens, NY 11415
(646) 442-1520;
TTY (718) 866-0428
Videophone: (347) 905-5088
www.cidny.org

STATEN ISLAND

Staten Island Center for Independent Living

470 Castleton Avenue
Staten Island, NY 10301
(718) 720-9016;
TTY (718) 720-9870
www.siciliving.org

